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## **BONE DENSITY INSTRUCTIONS AND QUESTIONNAIRE**

You **can not** have your scan within 7 days of having a CT Scan, Barium Enema, Upper GI or any type of study where you swallow medication.

**DO NOT** take any calcium supplements 24 hours before your bone density. You may continue to take all other medication. If you have questions please ask your Doctor or call us.

If you have had one or both hips replaced or have any metal plates or rods in your spine please let the technician know prior to your scan.

Please bring a list of all your previous surgeries to your spine or abdomen.

Please wear comfortable clothing with **NO** metal zippers and/or buckles, or buttons made out of shell. (pants with elastic waist are preferable)

**Please be on time for your appointment and make sure all paper work is completed otherwise you may have to be rescheduled.**

If you have any questions or need to reschedule please call! (530) 229-1843



# Patient Medical History

From the list below, please check the box for any conditions that applies to you, now or in the past.

	I am female
	I am male
	I am Caucasian
	I am African-American
	I am Asian
	I am Hispanic
	I have had a vertebral compression fracture
	I have had a spinal fracture
	I have had a pelvic fracture
	I have had a forearm fracture
	I have had a wrist fracture
	I have had a humerus fracture
	I have had a femur/hip fracture
	I have had an ankle fracture
	I have had a fracture not listed above
	I have a history of alcoholism
	I have a history of amenorrhea
	I have used Phenobarbital or Phenytoin (seizure medication)
	I had both ovaries removed surgically
	I have used oral steroids
	I have a history of early menopause
	I have lost over an inch in height
	I have had a fracture as an adult
	I have a history of hyperparathyroidism
	I have a history of an over-active thyroid gland
	I have a low calcium intake in my diet
	I have a history of osteoporosis
	I have a history of a kidney stone
	I have used tobacco regularly now or in the past